

# Shotokan Karate Kata Names

TAIKYO KYU - First Cause

HEIAN SHODAN - Peaceful Mind First Level

HEIAN NIDAN - Peaceful Mind Second Level

HEIAN SANDAN - Peaceful Mind Third Level

HEIAN YONDAN - Peaceful Mind Fourth Level

HEIAN GODAN - Peaceful Mind Fifth Level From Heian Ante meaning peace and calmness, taken from the city of Heian

TEKKI SHODAN - Horse Riding First Level

TEKKI NIDAN - Horse Riding Second Level

TEKKI SANDAN - Horse Riding Third Level

BASSAI DAI - To penetrate a fortress Major\*

BASSAI SHO - To penetrate a fortress Minor\*

KANKU DAI - Viewing the Sky Major\*

KANKU SHO - Viewing the Sky Minor\*

HANGESTSU - Half Moon\*\*

EMPI - Flying Swallow

GANKAKU - Crane on a Rock

JITTE - Ten Hands (sometimes spelt JUTTE)

JI-ON - From the temple of Jion

JI-IN - Temple grounds

CHINTE - Strange Hands

MEIKYO - Polished Mirror

NIJUSHIHO - Twenty Four Steps

SOCHIN - Immovable in the face of danger

WANKAN - A proper name, King's Crown.

UNSU - Hands in the cloud

GOJUSHIHO SHO - Fifty Four Steps Minor\*

GOJUSHIHO DAI - Fifty Four Steps Major\*